



# Athletics

Each year, Liston College runs a whole school Athletics Day where all the students can compete with their peers to be Liston College event champions. From this event a team of athletes will be selected to represent Liston College at AAIMs and Zone events.

Year Levels:

Years 7-13

Competition  
Days/Terms:

Terms 1 and 4  
Intermediate team: Zone competition and  
AAIMs competitions

College team: Zone and North Island  
Championship competitions

Venue:

Liston College

Various Athletics centres

Cost:

Entry fees.

Uniform:

Liston Sports top, tracksuit (optional)

Staff in Charge:

Mr. Sam Baker  
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